

HIGHLANDS

Happenings

CONTACT INFORMATION

Main Office

Mon - Fri, 10 am - 3 pm

Phone: (715) 226-4393

8005 Birch St.

Weston, WI 54476

COMMUNITY DIRECTOR

Dawn Mittlesteadt

Birchwood@ardenpropertygroup.com

ASSISTANT COMMUNITY MANAGER

Kelley Goertz

Birchwood@ardenpropertygroup.com

LEASING

Mon - Fri, 9 am - 5 pm

Phone: (715) 226-4393

MAINTENANCE - Brett Koss

Mon - Fri, 9 am - 5 pm

Phone: (715) 226-4393

Evenings & Weekends

(AnSer) EMERGENCIES ONLY: (800) 263-6148

HOUSEKEEPING TEAM

Jessica Bram

BUILDING MANAGER

Cindy Krall

Community Engagement Coordinators

Sharon O., Cheryl S. & Lynn S.

UPCOMING SPOTLIGHT EVENTS



September Fest

WEDNESDAY, SEPT. 9TH, AT 4 PM

MAIN BUILDING PARKING LOT

Enjoy hamburgers, corn on the cob, sides, dessert, refreshments, and live music by Sound Crossing!

\$12 per person. Sign up by Sept. 3rd.



Scrabble and Social

MONDAY, SEPT. 14TH, AT 1:30 PM

MAIN BUILDING COMMUNITY ROOM

All skill levels are welcome! Bring your game face and get ready for a wonderful afternoon of Scrabble.

Free Event. Sign up by Sept. 3rd.



Everything Apple

WEDNESDAY, SEPT. 16TH, AT 1:30 PM

MAIN BUILDING COMMUNITY ROOM

Celebrate the flavors of fall with apple dip, apple pie, apple cider, apple chips, and more. Oh my!

\$7 per person. Sign up by Sept. 3rd.



Sunflower Craft & Coffee

TUESDAY, SEPT. 29TH, AT 9:30 & 10 AM

EAST & MAIN BUILDING COMMUNITY RMS

Join us for a morning of creativity as we craft mason jar sunflower centerpieces to display at our upcoming Wine Down event.

\$6 per person. Sign up by Sept. 3rd.



Sunflowers & Sip Wine Down

WEDNESDAY, SEPT. 30TH, AT 4 PM

MAIN BUILDING COMMUNITY ROOM

Enjoy unique hors d'oeuvres and wine at our Sunflower Wine Down event while relaxing with friends and celebrating the season.

\$4 per person. Sign up by Sept. 3rd.



RESIDENT REMINDERS

Yom Kippur Blessings

To all in our community observing Yom Kippur, we wish you a blessed and meaningful holiday.

Heroes and Healing on the 25th Anniversary of 9/11

Sept. 11, 2026, is the 25th anniversary of 9/11. In honor of the thousands of lives lost and changed forever, we pause to remember the many stories of hope, fortitude and survival commemorated by the 9/11 Memorial and Museum, which can be found at 911memorial.org.

Stories of Alzheimer's Disease

In observance of World Alzheimer's Day on Sept. 21, consider reviewing these books and movies to gain perspective and insight into the lives of those impacted by the disease.

"Still Alice." Author Lisa Genova's 2007 bestseller was made into a critically acclaimed movie in 2014. Julianne Moore won the best actress Oscar for her role as Alice Howland, a professor with early-onset Alzheimer's disease.

"We Are Not Ourselves." The New Yorker magazine called this novel by Matthew Thomas "the greatest Alzheimer's novel yet." Published in 2014, "We Are Not Ourselves" paints an intimate portrait of the Leary family's struggles as their beloved patriarch develops Alzheimer's.

Check Your Cholesterol

September is National Cholesterol Education Month. Adults over the age of 20 should have their levels tested every four to six years. Assess your knowledge on this subject:

1. What year was the first statin, a cholesterol-lowering medicine, approved in the U.S.?
2. True or False: Eating healthy, fiber-rich foods can lower cholesterol.
3. High cholesterol is connected to what leading cause of death?

(Answers: 1. 1987; 2. True; 3. Heart disease)

Register to Vote!

Each September, National Voter Registration Day encourages eligible citizens to register to vote. Since 2012, over 6 million people have registered to vote on this day, allowing more voices to be heard on both national and local issues. Check your voter registration status at Vote.gov and make sure your information is up-to-date.

ONSITE & LOCAL SERVICES

Salon

Main Building 3rd Floor

Wednesday & Friday By Appointment Only

Call (715) 301-8588

STYLISTS

Karen Theiler & Terri Kree

Credit Cards Accepted

Family Foot & Ankle Clinic

3RD FLOOR MAIN BUILDING GAME ROOM

Call (715) 241-8100 to make an appointment. See calendar for date and time.

Blood Pressure Screening

3RD FLOOR MAIN BUILDING GAME ROOM

No Appointment Needed - See calendar for date and time.

Spectrum/Charter Cable

HOTLINE (833) 697-7328

Wisconsin Public Service

HOTLINE (800) 450-7260

Village of Weston

PHONE (715) 359-6114



WHAT'S COOKING

Caramel Crumble Bars

Ingredients:

- 1 box yellow cake mix
- 1/2 cup plus 2 tablespoons butter, softened
- 3/4 cup apple butter, plus 3 tablespoons
- 1 egg
- 1 package (11 ounces) soft caramels, unwrapped
- 2/3 cup walnuts, chopped
- 2/3 cup sweetened coconut flakes
- 2 tablespoons butter, melted

Directions:

Heat oven to 350° F. Grease 13-by-9-inch baking pan. With electric mixer on low, beat cake mix and 1/2 cup softened butter until mixture is crumbly. Spoon 1 cup of the mixture into medium bowl; set aside. Add 3/4 cup apple butter and egg to remaining mixture. Beat on medium until smooth and creamy. Spread evenly into pan. Bake 20 minutes. Place caramels, 2 tablespoons softened butter and remaining 3 tablespoons apple butter in microwave-safe bowl. Microwave in 30-second intervals, stirring every time, until smooth and melted. Pour evenly over baked crust.

Combine walnuts, coconut and 2 tablespoons melted butter with reserved cake mix. Mix until crumbly. Sprinkle over caramel in pan. Bake 16 to 18 minutes, until topping starts to brown. Let cool; cut into bars.

Find more recipes at Musselmans.com.



Ice Cream Additions

Long summer days provide plenty of chances to enjoy the season's classic refreshing treat, ice cream. When it comes to adding a final flourish to a dish or cone, about half of Americans favor hot fudge, according to poll results. Nuts, whipped cream, chocolate syrup, caramel sauce and fruit also ranked high. Give one a try!

SEPTEMBER IN WI: A SEASON OF CHANGE AND CELEBRATION

September brings many of Wisconsin's favorite traditions as summer transitions into fall. Cooler temperatures, colorful foliage, apple harvests, and community festivals make this a special time of year. Orchards welcome visitors, pumpkin patches prepare for the season, and early fall colors begin appearing across the state.

Local communities celebrate with farmers markets, craft fairs, Oktoberfest events, and harvest festivals. Whether you enjoy visiting an apple orchard, taking a scenic drive, or sipping warm apple cider, September offers countless ways to enjoy the season.

The month also includes several important observances. Labor Day honors the contributions of American workers and marks the unofficial end of summer. Beginning September 15, Hispanic Heritage Month celebrates the histories, cultures, and contributions of Hispanic and Latino Americans through October 15.

Patriot Day on September 11 honors those who lost their lives and the heroes who responded during the events of September 11, 2001. Constitution Day and Citizenship Day on September 17 commemorate the signing of the

U.S. Constitution and recognize the rights and responsibilities of citizenship.

September is also National Suicide Prevention Month, reminding us to prioritize mental and emotional well-being, support one another, and encourage open conversations about mental health.

As autumn officially begins, September invites us to slow down and enjoy the season's simple pleasures. From local festivals and community gatherings to Wisconsin's natural beauty, it is a wonderful time to connect, reflect, and celebrate. Wishing everyone a happy, healthy, and colorful September!



PAST ACTIVITIES & RECREATIONAL EVENTS



JUST FOR FUN

September by the Numbers

3. Minimum servings of whole grains recommended daily. September is Whole Grains Month.
70 million. Approximate number of grandparents in the U.S. Celebrate Grandparents Day on the first Sunday after Labor Day.
39. Number of Founding Fathers who signed the U.S. Constitution on Sept. 17, 1787.

Brainteaser

Q. Where do you find roads without vehicles, forests without trees, and cities without houses?
A. On a map.

CONGRATULATIONS

Who Won \$100?

Our lease renewal drawing winner is Susan S.!

